Beer Parish News 2025 September



Joyous gifts to us all **Thank you!**

St Michael's ... and Village

CHURCH DIRECTORY

www.coastalchurch.org.uk

VICAR Rev Justin Montague coastalvicar@hotmail.com

07308 264614

Parish Administrator Helen Knight seatonchurch@hotmail.co.uk 23656

Parish Finance Officer Helen Moulding cmctreasurer@hotmail.com

Local Pioneer Minister Rev Shuna George Pritchard shuna.art@gmail.com

ST MICHAEL'S ...

Organist:

Families Worker:

Churchwarden: Penny Grant pennygrant@hotmail.co.uk 24008

Mrs Jean Smith Secretary:

07412 010245

07794 838219

Phone: 23656 or 07805 655335

Altar Guild: Mrs P. Bewick 21954

Mrs Y. Hawker

22191

Choir: Dr G. Butler (Practice Tuesday 6-7pm)

Dr G. Butler

21375 21375

Sun 31st Aug

Tues 2nd

Wed 3rd

Sun 7th

Tues 9th

Sun 28th

5:00pm Choir Practice

5:00pm Choir Practice

10:00am Reflective Prayer

8:00am Holy Communion

9:30am Family Communion

Children's Society: Ann Stott

Holy Communion at BEER Wed 10th

Coastal Mission

www.coastalchurch.org.uk

Community

Amy Dare mrandmrsdare22@gmail.com

12:30pm Worship Team Meeting 1:00pm PCC Meeting

4:00pm "Back-Pack Service"

Children's Team: Gayle Chapple, Amy Dare, Jenny Ross Gayle Chapple, Lynne Bees, Penny Grant, **Worship Team:**

Fri 12th 10:00am Mickey's Music Makers

Yvonne Hawker, Angela Ould, Jenny Ross **Pastoral Team:** Mrs G. Chapple (sec)

Sun 14th 9:30am Morning Praise

Mrs Y. Hawker, Mrs P. Bewick.

4:00pm (Re)Licensing & renewing of vows for Rev. Justin as "Team Vicar" & Rev Shuna as Coastal

St MICHAEL'S CHURCH

Calendar for SEPTEMBER 2025

11:00am United Communion Service at SEATON

for those starting or returning to school, college or university

St Michael's Church, Beer

11th Sunday

after Trinity

12th Sunday after Trinity

13th Sunday after Trinity

Mrs E. Singleton,

Mission Community Pioneer Minister at St Gregory's, SEATON

Mrs S. Anderson

Tues 16th 5:00pm Choir Practice

ANNA CHAPLAINS: Mary Casey email caseymary119@gmail.com

Wed 17th 8:30am Open the Book at Beer School

& Sue Craker Mobile 07802 649155 email: susanawhelan@icloud.com

2:00pm Anna's Place Simple 30 min service for older people 5:30pm Evening Prayer at SEATON

Fri 19th 10:00am Mickey's Music Makers

Safeguarding Officer: Mrs G. Chapple 07794 838219 Sun 21st 9:30am Family Communion 14th Sunday after Trinity

Dr Henry Jaggers, Green Bank, 9 Clinton Rise, **Beer Parish News** 20858

Area code for all phone numbers above is 01297 unless shown otherwise

Tues 23rd 5:00pm Choir Practice

Editor: Beer. Email: henryjaggers@btinternet.com

10:00am Holy Communion at SEATON Wed 24th

Fri 26th 10:00am Mickey's Music Makers

In an emergency, parishioners should contact the Churchwarden

9:30am Harvest Service St Michael & All Angels

(see above for phone number).

followed by HARVEST BREAKFAST

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Sunday services in Beer are often on Facebook. If you can't come to church, you can watch and hear them there, either live or later at a time convenient to you!

www.coastalchurch.org.uk

From Justin Rev's Ramblings

For my wife Melissa's birthday, I booked a spa break. While she enjoyed a facial and massage, I ventured into the hotel gym — my first visit in a very long while. Usually, I'm happier running the trails and roads of East Devon, but I gamely devised a seven-exercise circuit with some perhaps optimistic weights. I finished this off by twenty minutes on the stepper - a machine that mimics walking up flights of stairs. With afternoon tea and a three-course dinner to come, I felt smugly virtuous.

The next morning told a different story. Every muscle ached, back, buttocks, biceps, etc, as though I'd gone ten rounds with Tyson Fury, and I hobbled about like a cowboy on Lego. It was a classic case of delayed onset muscle soreness (DOMS): the body's way of protesting when pushed in unfamiliar ways. Reading this, you would be forgiven for not believing me if I told you that my first degree is in Sport and Exercise Science and that I am a qualified fitness instructor – The above is fitness basics 101!

Since then, I have adopted a more sensible approach to adding strength work to my running training before the winter. At first it was still a shock — muscles long forgotten suddenly made their presence felt. But over time, with persistence, the soreness eased, movements became easier, and I've begun to notice real gains in strength, which should help prevent injuries and support future challenges. It reminded me that growth often comes through challenge, and that real change rarely happens without some discomfort along the way.

September feels a bit like this too—it's a season of change and transition. The summer holidays draw to a close, schools open their doors again, and there is that unmistakable sense of something new beginning. The air is a little crisper in the mornings, the evenings get a touch darker, and soon the trees will clothe themselves in those rich golds, reds, and browns we associate with autumn.

Change can be exciting, but it can also stretch us in ways that feel uncomfortable. Children return to school, some for the very first time, others moving into new classes or even new schools. Teachers prepare for fresh challenges. Parents and grandparents juggle routines once again. Even those whose daily rhythm does not alter feel the shift of the year, with harvest on the horizon reminding us of fruitfulness and the steady passing of time.

In the Christian life, change is not something to fear but something to embrace. Scripture is full of God's people stepping into the unknown—Abraham setting out in faith, the Israelites leaving Egypt, the disciples leaving nets and boats to follow Jesus. Each moment of transition brought challenge and uncertainty, but it was in those moments that God was at work, shaping, strengthening, and growing His people.

Like the aching muscles after a new workout, growth in faith often comes with a stretch. It may not be comfortable at first, but God promises to carry us through and to bring good out of it. St Paul reassures us in Philippians: "He who began a good work in you will carry it on to completion until the day of Christ Jesus." That's worth remembering when we face new challenges at school, at work, in retirement, in family dynamics or in the quieter rhythms of life.

And just as muscles grow stronger when we train them, we are called to build our spiritual muscles and build strength into our communities and relationships. Autumn is a season of gathering in, of storing up for the winter ahead. Spiritually, it is also a season for us to encourage one another, to invest in friendship, to deepen our trust in God, and to build up our church family.

So as September unfolds, maybe ask yourself: Where might God be stretching me right now? What new thing is He calling me to step into? Where can I build others up? The answers might surprise you.

As the leaves change and the fields are gathered, may we see in the beauty of autumn a reminder that change, though sometimes uncomfortable, can bring richness, colour and new growth. And may we be encouraged that God is at work—in us, among us, and through us—bringing growth and building His kingdom here and now.

Grace and peace. *Revd Justin*

FREE Health NHS Checks

Designed to spot early signs of stroke, kidney disease, heart disease, type 2 diabetes or dementia. An NHS Health check helps find ways to lower this risk.





Age 40 - 74?

You may be eligible for a free health check, an appointment takes just 20 - 30 minutes



Royal Devon Eastern Vaccination Service Health Check clinics available across Exeter, Mid & East Devon

Date	Time	Venue
Monday 8th September	10:00 - 16:00	Seaton Community Hospital, Valley View Road, Seaton, EX12 2UU
Tuesday 10th September	10.00 - 14.00	Feniton Village Hall Annexe, Feniton, Honiton, EX14 388
Wednesday 17th September	10:00 - 16:00	Axminster Community Hospital, Chard Street, Axminster, EX13 5DU
Wednesday 24th September	10.00 - 16.00	Cultompton Library, The Hayridge, Exeter Hill, Cultompton, EX15 10J

To book your FREE NHS Health Check appointment, contact:

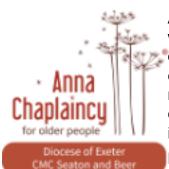
Tel: 07729 300349 Email: rduh.exetervaccinationcentre@nhs.net

Check your eligibility here: www.nhs.uktests-and-treatments/nhs-health-check/



Royal Devor University Healthcan

ANNA CHAPLAINCY



ANNA CHAPLAINCY – SEPTEMBER
worship and events – If you have a loved
one or friend you visit in one of the Seaton
care homes, you might like to join us for our
monthly activity and worship? Please
check with the care home prior to your visit
in case anything has to be changed.

Monday 1 September - NETHERHAYES 10.45 a.m.

Tuesday 9 September – MEMORY CHURCH 2-4 p.m. Church centre St Gregory's SEATON – For older people who find it difficult to worship in our church buildings. Worship, afternoon tea and making new friends. Interested? Phone 01297 23656

Monday 15 September - THORNFIELD - 11.00 a.m.

Tuesday 16 September – LYME BAY VIEW 10.45 a.m.

ANNA'S PLACE at St Michael's Church BEER. Please join on Wednesday 17 SEPTEMBER 2.00 p.m. Reflective café style worship with Holy Communion followed by refreshments, everyone welcome.

Monday 22 September - THE MANOR 11.00 a.m.

Tuesday 23 September - THE SEATON 11.00 a.m.

Monday 29 September - CHECKHOUSE 11.00 a.m.

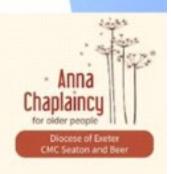
If you know someone living at home or someone who would like a one-to-one visit in residential care, please contact either Mary or Sue on their mobile numbers. Information leaflets about Anna Chaplaincy ministry are displayed at St Gregory's and St Michael's churches. Thank you for your support and prayers.

Anna Chaplain Mary - 07805655335 Anna Chaplain Sue - 07802649155 The church office - CONTACT 01297 23656



Special 30 minute
worship for
Older People
Followed by Refreshments
Music and Memories,
Wednesdays from 2pm
at St Michael's, Beer:

September 17th
October 15th
November 19th
December 17th





Fine Foundation Centre

Beer Village Heritage

Reg. Charity No.1087162

The Fine Foundation is open for business again and we hope that you like the new lay-out. We had a bit of a problem with the timing of lighting in the tanks as the result of a power cut so apologise if you have

been in to see the fish and found them in relative darkness.

The occupants of the tanks seem to like their new environment. So far we have collected various anemones – beadlet, snakelock and strawberry – tompot blennies, rocklings periwinkles, crabs – shore, edible, porcelain and velvet – prawns and shore clingfish. We haven't caught the latter

and vervet – prawns and snore chingrish

before. They are also known as Cornish suckers, and their pelvic fins have been modified to create a powerful sucker. They have been very elusive since going into the tanks, only coming out briefly when there is food on offer!

Regatta Week was as enjoyable as ever. We ran a rockpooling

session on the Tuesday and introduced a number of families to the fun of this fascinating pastime. Fossil Fun on the Friday was very busy with children making and painting plaster of Paris fossils as well as taking part in a

variety of other fossil-themed activities.

Our latest Rockpool Safari, on Bank Holiday Monday, was enjoyable and attracted a number of youngsters to the wonders of these miniature universes. It is so amazing to realise that each rock-pool is a complete environment for its occupants. We have recently taken part in a session in Seaton Hole where we were surprised to find minute brittle stars, not something which we've seen in Beer. As always, the geology of the area is the key, with brittle stars needing a sandy area in which to burrow.

The Bomb Shelter has been busy with artists Elaine Murray there during

Regatta Week, followed by John and Rita Buckley. Barbara Vidion and Liz Upchurch are making a welcome return with an exhibition of their work from 9th to 15th September.





Axe Valley Heritage Association's next talk is on 22nd September when Wendy O'Niell will unveil her research into Seaton Women in WWII – The Untold Stories. Booking is essential

and can be done on-line or at Paperchain in Beer Road, Seaton.

Beer Village Heritage is a registered charity, and we rely on annual subscriptions and donations in order to run the Fine Foundation Centre and the Bomb Shelter. Annual subscriptions are now due and the Trustees have decided to keep them at £3 per person. You can give yours to a committee member, put it in the divers tank in the centre or leave it at the Post Office. Don't forget to include your name and contact details.

Our grateful thanks go to Anna and Graham Hughes for their very generous donation to Beer Village Heritage. Once again they have asked visitors to the Craft Fairs to make a donation to local charities in lieu of an entry fee.

You'll find the Beer Village Heritage walks and I-Spy online via our website: http://www.beervillageheritage.org.uk. We apologise that some of the links on the site are not working.

If you would like to be involved with running the Fine Foundation Centre and our other activities, please talk to our Chairman, David Morling on 01297 625045.

BEER FILM SOCIETY

WHEN thinking about the greatest Welsh people of recent history who comes to mind? Rugby stars Gareth Edwards and Barry John, singers Tom Jones and Shirley Bassey, footballer Gareth Bale, poet Dylan Thomas or actor Anthony Hopkins, all worthy candidates.

But surely included in that list would also be the legendary actor Richard Burton, a man synonymous with his screen presence as well as his mellifluous Welsh baritone voice.

Burton is the subject of our next film, 'Mr Burton' (2025, 2hrs 4mins, 12), which Beer Film Society will be showing at the Mariners' Hall on Thursday September 18th.

This fascinating biography/drama, featuring Toby Jones, Lesley Manville and rising star Harry Lawtey as the young Burton, tells the true story of the relationship between Port Talbot schoolmaster Philip Burton and a wild young schoolboy called Richard Jenkins, the son of a wayward drunk.

The young Jenkins dreamed of becoming an actor, but his ambitions were in danger of being derailed by a combination of family trouble, the pressure of war, and his own lack of discipline. Mr. Burton recognized the raw talent in his pupil, becoming his tutor, strict taskmaster and eventually his adoptive father.

What the critics said:

Mr. Burton tells the true story of the relationship between Port Talbot schoolmaster Philip Burton and a wild young schoolboy called Richard Jenkins, the son of a wayward drunk. Richard dreamed of becoming an actor, but his ambitions were in danger of being derailed by a combination of family trouble, the pressure of war, and his own lack of discipline. Mr. Burton recognized the raw talent in his pupil, becoming his tutor, strict taskmaster and eventually his adoptive father.

Terry Staunton. Radio Times. 4*

The Mariners' Hall doors will open at 6.30pm for a 7pm start.

Tickets cost £5 for members and £7 for guests and are available on the door. Card payment preferred please.

The bar will be open and Baboo Gelato ice creams will be available.



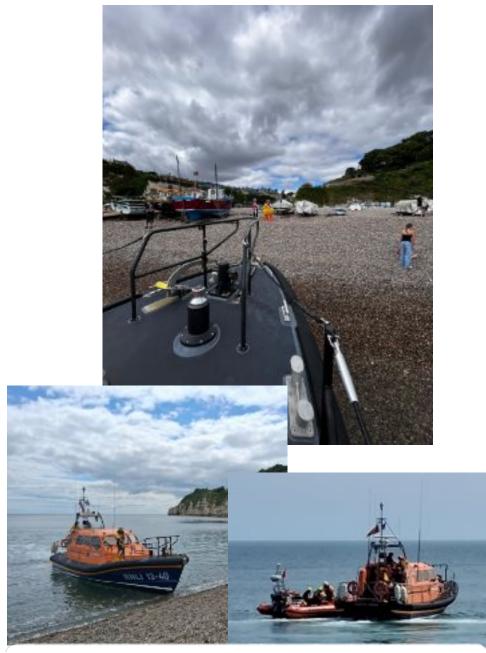
Following our Beer Lifeboat Weekend in July in August we were out and about selling our RNLI Christmas cards, calendars and diaries plus gifts and souvenirs. We went to Natural Seaton, Whitford Summer Show, Munchkins Summer Fayre, Beer Regatta Table Top Sale, Axmouth Festival Table Top Sale and Dalwood Country Fair. It is great to be out meeting the public and promoting our branch of the RNLI and the work of the RNLI. While writing our report we were looking forward to attending the Seaton Carnival Classic Vehicle Show and Seaton Carnival Street Fair during the August Bank Holiday Weekend and planning our entry in to the Seaton Carnival Procession on Saturday 6th September.

Our Annual Autumn Sponsored Walk will be in September or October and the date will be announced soon. The route is to be the Seaton Axmouth Seaton Circular and is approximately eight miles. It was completed in 1993, 2005 and 2019. We keep our walks as easy as possible and not too long. We would love additional people to take part and sponsor forms will be available or donations can be made on the day. Please contact me at wac500@hotmail.co.uk for details nearer the time.

As we proceed into October we will be travelling further afield to collect at Tesco Honiton. On Saturday 11th October it is Lifeboat Saturday and it is the anniversary of the first ever RNLI Street Collection and was held at Manchester in October 1891. Additional collectors and help with fundraising at our events and at events we attend is always needed plus we are still appealing for additional volunteers for our lovely Shop at Beer. If you can help please contact our Shop Manager Richard Hare on 07752393640, call into our Shop or see us at the events we attend. All help will be greatly appreciated.

We send our best wishes to everyone as we proceed through 2025.

Wendy Cummins, Secretary Fundraising/Events Seaton Beer and District Branch RNLI



Exmouth RNLI's Shannon class lifeboat "R and J Welburn", and Lyme Regis RNLI Atlantic 85 inshore lifeboat "Spirit of Loch Fyne"

Introduction to Hospiscare – Your local and independent adult hospice charity.

Did you know.... The reason we are called Hosp**isca**re is because I**sca** is the roman word for Exeter! Hence the spelling.

Hello, my name is Toni Hiscocks, and I am the area fundraiser for Hospiscare working in the areas of Topsham, Exmouth, Lympstone, Woodbury, Budleigh Salterton Axminster, Seaton and all the surrounding villages in between. My job is to ensure that anyone/organisation supporting Hospiscare gets the best possible support.

I like to inspire and encourage others to support Hospiscare and raise money for us while sharing information and awareness of our purpose. **How it all began....**

More than 400 people crowded into Exeter's Guildhall on one cold January night in 1982. They were there to hear Dr John Searle talk about the urgent need for a local hospice care service. At the time, people with a life-limiting illness often had little or no support other than what their families could provide.

Shocked by consultants sending end of life patients' home with little more than a 'bottle of whisky a day', Dr Searle worked with a team of volunteers to fundraise for a community nurse service.

From two nurses to a dedicated hospice...

The fundraising appeal was a success and Hospiscare began serving its first patients. To begin with, we had just two community nurses, who travelled across Exeter to see patients. By 1992, enough money had been raised to open Searle House (opposite the RD&U)— a hospice with wards for critically-ill patients to receive 24 hour care when they needed it most. Hospiscare has continued to grow. Today, we support more than 2,000 patients every year. Our outpatient care has been expanded to offer a greater range of services including the most recent "Rapid Response Service" and patients have the added comfort of knowing their families are close by in our on-site visitor accommodation.

Hospiscare provides expert care and support for people over the age of 18 with a complex terminal illness. This means anyone who may need our help can be referred and many of our patients have illnesses other than cancers such as heart or neurological conditions.

The Hospice Inpatient Unit has reduced to 8 beds from 12 last year to help manage our running costs. We care and support the majority of our patients within the community setting in the place where they live. This can be their own home, a care home, local hospital, a prison or even on the street if necessary. We go wherever the patient goes. Without the community support we could not continue to provide this high level of support and expertise for people with a terminal illness.

The Hospiscare Teams working across Exeter, central and East Devon providing compassionate, expert knowledge and understanding which they have acquired over years of experience and specialist training. This is shared with medical, nursing and social care colleagues as well as the patient and their loved ones. We also have links into other services such as bereavement support so we can work with the families before their death and know that they will continue to be supported beyond the early months of a bereavement.

The Hospiscare Team can also access specialist equipment and financial assistance and many of our nurses are able to prescribe medication.

Sometimes people confuse us with Macmillan Nurses. There are no community Macmillan Nurses in our area. Hospiscare is the only provider of the complete range of specialist terminal end of life care in the area, in the Hospice and at home. Every penny that is raised goes back into providing this service and caring for people in your community. We do not spend money on expensive TV commercials but work tirelessly to spend wisely and for the good of our community.

Hospiscare has worked in the local area for over 40 years, and we need your help to safeguard its future so that other people and their families can have the best possible support and care when they are trying desperately to cope with a complex terminal illness.

Everyone can help and it doesn't have to be a monetary donation, so how can you help?

We need volunteers to bake, donate raffle and tombola items as well as help us marshall at flagship events such as our Men's Walk. All the people that help us are volunteers giving their time and efforts and our most important job is to say 'thank you' and we say it a lot!.

Visit one of our many charity shops, Open your garden, hold a coffee morning this Sept or create your own fundraiser – we can help with creating posters/flyers, generate QR codes and offer resources such as T-shirts, collection tins, balloons, bunting and literature etc.

If you would like to know more about the work of Hospiscare or help in any way please get in touch with your Area Fundraiser today!

Toni Hiscocks: 01392 688067/07921 845 615 or email t.hiscocks@hospiscare.co.uk

Staff and volunteers at Hospiscare would like to extend our heartfelt gratitude and warmest wishes to our wonderful community. Your support, kindness and generosity continue to make a meaningful difference in the lives of those we care for.

Thank you for being by our side for the last 40 years.

Regatta 2025 – A Week to Remember

The week began upon the Jubilee, with music loud and clear, Guitars and drums beneath the sun, a perfect start to cheer. With canoes that sliced through sparkling waves and dinghies racing too, The angling comp brought patient skill, with rods in steady view.

Then Sunday Funday burst alive — the crowd was quite immense, A community of smiling friends, the joy was so intense. Beer Albion FC took the helm, our thanks to you we send, And quizmasters kept us thinking hard — did you wipe out, my friend?

On Monday came a gentle start, then rain began to play, But luggers sailed with steady hearts, and shanty songs made way. Ottery Morris dancers stepped with colours bright and free, While children danced at disco lights in happy jubilee. And Roy recalled his evacuee days, his story rich and true, In the church's hush, we listened close to tales that warmed us through.

Tuesday rose in golden light, the sky a cloudless scroll, Barrel rolling drew the crowds, with laughter as its goal. Beer Heritage brought children near, to rock-pool by the tide, And fossils told their ancient tales on Friday, full of pride. The children played through earlier hours with games that made them beam, While Wednesday's hunts and artist chalks brought colour to the scene. We guessed at bingo, spoofed with glee, and feasted all the while, The Beer Bellies' music, food, and drink kept everyone in style.

Regatta Day then stole the show, with outfits bold and bright, The children's fancy dress parade was such a pure delight.

Land rafts amazed — Postman Pat sailed by, and Men's Shed craft so neat, While tug of war drew mighty cheers from crowds along the street.

Grand prizes shone for winners all, their efforts fairly won,

And Phase One's fireworks lit the skies when daylight's course was done.

A final cheer for those who serve, our heroes every day,
Emergency crews who shared their skills to keep all harm at bay.
The lifeboats came, their visit sweet with cream tea on the shore,
At the Sailing Club we gathered close, and friendship grew once more.
The Mariners' Hall rang out with song, a band to close in style,
A week of joy, of pride and care, that made the village smile.

Through sausage sizzles, window hunts, and treasures yet to find, This Regatta week showed village heart, and bound both soul and mind. So here's to Beer, its friends and cheer, the harbour, waves, and shore May Regatta's magic keep us close, and bring us back for more.

With heartfelt thanks to one and all, who gave both time and cheer, You've made Regatta shine so bright, the highlight of our year. From helpers, hosts and sponsors too, to friends both near and far, Together we've shown what we are — how strong our village hearts all are.

Beer Regatta Committee 2025





BEER CONGREGATIONAL CHURCH - SERVICES IN SEPTEMBER



September services - all at 10am

September 7th - Mrs Tina Bishop September 14th - Mr Sam Carlin

September 21st- Mrs Annette Freathy (with Holy Communion)

September 28th - Harvest Festival followed by Harvest Lunch - Revd

Nigel Freathy

Coffee Mornings in the Hall on September 11th and 25th - 10-30 - 12noon- All welcome

Bible Study Group at Southleigh, Barline - October 3rd - 2-30pm - 4pm - Tea and biscuits - all welcome

BEER WI



On September 3rd the speaker at the meeting is Dr Francis Burroughs about the Wonderful World of Glass.

7.30 Congregational Hall, Beer.

On October 1st the talk is about the Archeology of Nursery Rhymes by Dr Jenny Moon.

7.30 Congregational Hall.

The Bookclub meets on the first Monday of the month at Isabella's.

The writing group time is varied. It meets once a month.

The card group meets on a Thursday afternoon at Penny's or Barbara's.

New members and guests are always given a warm welcome.

ALTAR GUILD NEWS

Meeting held Tuesday 5th August 2025

Feedback from the fundraising weekend held in July, all agreed the weekend went really well and raised £1,000 a great effort by all. Chairman thanked everyone who was involved for their hard work and support in making the weekend so successful.

A special thanks to everyone for their window, flower and decoration displays the church looked beautiful and many appreciative comments.

St Michael's will have further events coming up, so please look out for posters and media posts for dates and events.

Please come and join us, everyone is very welcome.

Date of next meeting: Tuesday 2nd September 2025 @10.00am

YOUR "LOCAL" CONTACTS

Parish Council

John Heath cllrjheath@beer-pc.gov.uk Maureen Westlake cllrmwestlake@beer-pc.gov.uk Martin Shobbrook cllrmshobbrook@beer-pc.gov.uk Timothy Stevens cllrtstevens@beer-pc.gov.uk Karen Stevens cllrkstevens@beer-pc.gov.uk.com Leona Reeve cllrlreeve@beer-pc.gov.uk Simon Reeve cllrsreeve@beer-pc.gov.uk cllrcthompson@beer-pc.gov.uk Caroline Thompson Angela Smith cllrasmith@beer-pc.gov.uk Simon Whitelock cllrswhitelock@beer-pc.gov.uk Clerk to the Council: clerk@beer-pc.gov.uk

Internal Auditor: Jacqui Peskett - Aalgaard Renshaw Business Solutions Ltd.

East Devon District Councillor

John Heath 07966 089257

Devon County Councillor

Paul Arnott paul.arnott@devon.gov.uk

Member of Parliament Richard Foord

Parliamentary matters House of Commons, London, SW1A 0AA
Constituency matters - richard.foord@libdems.org.uk
c/o 118 High Street, Honiton, EX14 1JP

How do bees know that a hexagon is the most efficient way to use storage space?

How do swifts navigate their way thousands of miles across Africa and Europe to return to the same corner of a farm barn they used to nest in last year?

How do seeds in the dark soil know just when to stir and put forth shoots?

We have conscious reasoning to make sense of the way nature works, but plants and animals and natural processes don't have that, they all operate 'blindly' on intelligent instinct.

Clearly, there is intelligence present in the world, in the Universe. It gives birth to stars and gathers them into galaxies, it mixes chemical elements in salt seas and generates creatures that explode over millennia into countless lifeforms.

That same intelligence in bees and swifts and seeds is in you and me. It built our body in our mother's womb, it is drawing oxygen and pumping blood around your body without you having to think about it even as you read this. It is an intelligence that builds bodies from the moment of conception and re-absorbs them when that life cycle is over. The intelligence of the universe generates life wherever it gets a chance to do so. It does not require our permission to do any of this. It is intelligence innate in Nature.

We take for granted our presence here. The closer we look at the world we inhabit, the more we see symmetry and pattern and intelligence at work everywhere, all of it making life work.

We are not an accident. There is purpose in the world; there is purpose in you and me and everyone being here: that purpose is your life. It's not waiting for you in some imagined future; it's here and now, in this moment, always.

Looking closely at the intelligence that surrounds you everywhere changes the level of your consciousness. It helps you to accept that unseen energies and impulses shape your life. It makes you a wise and informed human being.

食业单分

Naked Larder

Love food but hate plastic waste??

Naked Larder Sidmouth, based in Weston, is a unique plastic and packaging-free grocery service offering re-fillable dry food goods, eco-friendly cleaning & personal care products ethically, and sustainably sourced at affordable prices. Simple to use - order online & collect using your own containers once a month.

** Now open every Monday 2-4pm (except Bank Holidays) ** **Get 10% off your first order with GIVEUSATRY** www.

nakedlardersidmouth.co.uk

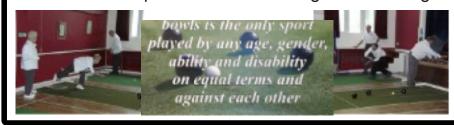
Beer Mariners Short Mat Bowls Club

Mariners' Hall, most Tuesday evenings all year round from about 7pm FREE EQUIPMENT AND TUITION PROVIDED. OPEN TO ALL

Contact COLIN TIMS 01297 23565 or HENRY JAGGERS 01297 20858 or just turn up and have a go!

£3 per night, Locals get 2 free visits!!

New skill? Old pastime? Come along and have a go!







Garlands Holiday Cottages, Beer www.garlandsatbeer.co.uk



One and two bedroomed self catering cottages.
Sea views
Private parking
Comfortable en-suite bedrooms
Large landscaped garden
Dog friendly
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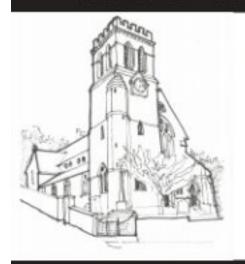
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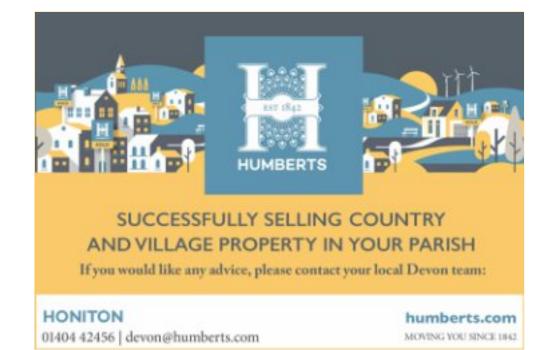
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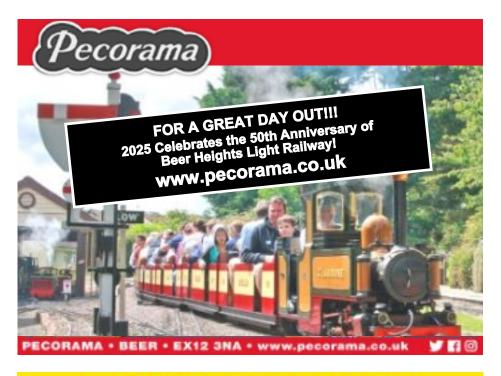
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(Beer Parish News)

BEER PUMPKIN SHOW - SATURDAY 27™ SEPTEMBER

Now that Regatta is over our thoughts turn to organising The Pumpkin Show which is being held on Saturday 27. September in The Mariners Hall. Entries and weigh in from 1pm - 3pm.

Raffle tickets will be available in the afternoon and at the Auction.

The auction of produce and various donated items is being held at The Mariners Hall and will be open at 7.30pm for 8pm start with winners being presented with their cups. The bar will be open. Proceeds going to local Beer charities. Donations of items would be gratefully received, without your donations for the Auction we would not be able to hold this event. Please email kimaplin515@gmail.com, phone us on 01297 21955 or pop the donations to the Mariners Hall in the afternoon

Everyone is welcome to come and enter vegetables or decorated vegetables. We have classes for heaviest Beer grown pumpkin, heaviest pumpkin, best shaped pumpkin, heaviest marrow, and 4 heaviest onions.

There is a competition for decorated vegetables. There are two age groups 6 and under and 7 and over. There is also an adult class for which we would appreciate more entries. All entries are to be at The Mariners Hall by 3pm on the day for judging. The Hall is open to receive entries from 1pm - 3pm. For more information telephone Kim and Jayne on 01297 21955.

People wishing to obtain a pumpkin for parties or soup can come to the Hall on the evening and acquire one for a donation

With many thanks, Kim & Jayne Aplin

Copy for October to be with the Editor by Saturday 20th September, at very latest please.

henryjaggers@btinternet.com 01297 20858 Green Bank, 9 Clinton Rise EX12 3DZ

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